

**Client Intake and Informed Consent**  
Intentional Bodywork Massage Therapy  
Ashley Hetrick, LMT

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

The bodyworker's role is as a partner, encouraging and supporting your goals for improved health and well-being. Bodywork is complementary medicine, and as such is designed to compliment, rather than replace, your regular health and wellness practices.

I will gladly answer any questions regarding my training, credentials and scope of practice. If your needs are beyond the scope of practice or my expertise, you will be referred to another practitioner. All individuals, regardless of race, color, religion or spiritual belief, cultural background, sexual orientation, physical size or gender identification are welcome and encouraged.

**I have read and fully understand the following statements:**

- I understand that massage practitioners do not diagnose illness or disease, perform any spinal manipulations or prescribe any medical treatments. I am aware that therapeutic massage is not a substitute for medical examination or diagnosis.
- I understand that massage is nonsexual, and sexual advances or comments will not be tolerated. The session will terminate immediately, and the client is responsible for the cost of the session.
- If cancellation is necessary, a 24-hour notice is common courtesy. If the proper notice is not given, except in cases of emergency, the full payment for the session may be due.
- Therapeutic massage is a complimentary healthcare modality that has been shown to reduce stress, pain and muscle tension, as well as increasing circulation and lymphatic flow. While massage may aid in the recovery from certain medical conditions, certain conditions require precaution. **Please circle any existing and past conditions:**

Allergies	Diabetes	Lymphatic Issues	Sciatica
Anxiety	Disk Issues	Muscle/Bone Injuries	Skin Conditions
Arthritis/Tendonitis	Headaches/Migraines	Muscle/Joint Pain	Sleep Apnea
Blood Clots	Hernia	Nerve Problems	Spinal Disorders
Bone Fusions	High Blood Pressure	Pregnancy	Sprains/Strains
Chronic Pain	Jaw Pain/ TMJ	Rash/Fungus	Surgeries
Circulatory Problems	Low Blood Pressure	Respiratory Problems	Varicose Veins

I know that each person is unique and has ultimate responsibility for his or her own healthcare. Due to certain contraindications and cautions for massage, the practitioner must be aware of existing physical and mental conditions. I have disclosed all such conditions. I understand that I am receiving bodywork at my own risk. I hereby voluntarily consent to participating in Therapeutic Bodywork with Ashley Herick, LMT.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_